

Efficient Programming - IM in a Group Therapy Setting



Course Description:

The purpose of this course is to outline strategies for implementing an IM group therapy program. This webinar will describe one successful pediatric group therapy program and discuss various ways to adapt this concept for other clinics and populations. This presentation will focus on identifying key components to successful group programming, including identifying appropriate patients, writing programming objectives, and selecting appropriate treatment activity ideas. *This course is not offered for contact hours/CEUs.*

Target Audience:

- Speech and Language Pathologist
- Speech and Language Pathology Assistant
- Audiologist
- Occupational Therapist
- Occupational Therapy Assistant
- Physical Therapist
- Physical Therapy Assistant
- Athletic Trainer
- Licensed Medical, Rehabilitation or Mental Health Professional
- Music Therapist
- Educator

Learning Outcomes:

Upon completion of this course, participants will be able to:

- Identify appropriate candidates for group therapy;
- Describe benefits of using IM in a group program;
- Immediately implement group treatment ideas & strategies.

**Note: This course covers information that pertains to licensed therapists and therapy assistants. OTA and PTA professionals must practice IM under the supervision of a licensed OT or PT.*

Specific Learning Outcomes for Speech-Language Pathologists & Audiologists:

- Identify appropriate candidates for group therapy;
- Describe benefits of using IM in a group program for remediation of pediatric cognitive-linguistic disorders;
- Immediately implement group treatment ideas & strategies.

**Note: This course covers information that pertains to licensed therapists and therapy assistants. SLPA professionals must practice IM under the supervision of a licensed SLP.*

Instructor:

Kelly Grabendike, OTR/L received her undergraduate and master's degrees from The University of Kansas. She initiated her pediatric training during an internship in Perth, Australia and has been working as a pediatric occupational therapist at Children's Mercy Hospital and Clinics in Kansas City, Missouri since her graduation in 2007. Kelly works with both inpatient and outpatient populations and incorporates the Interactive Metronome into both settings. Her primary clientele include children with neurologic injuries such as CVA, TBI, and SCI, as well as children with developmental delay, ADHD, autism, trauma histories, and sensory processing disorders. She works as part of a multi-disciplinary team at the hospital who address their client's needs from a holistic perspective and assure a well-rounded treatment approach.

Disclosures:

Instructor Financial Disclosure(s): Kelly received an honorarium for the development and presentation of this course from Interactive Metronome, Inc. She does not receive royalties or any other form of compensation for the continued publication and use of educational materials she has authored. Kelly does not sell or receive compensation for the sale of Interactive Metronome products.

Instructor Nonfinancial Disclosure(s): Kelly uses the Interactive Metronome with her clients in inpatient and outpatient settings.

Course Content Disclosure:

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Agenda (60 minutes):

- Speaker introduction & disclosure
- Benefits of Group Therapy
- Difficulties with Group Therapy
- How to select appropriate clients for group therapy
- Outline of group therapy sessions
- Reward Systems for both individual clients and group programming.
- Parent/caregiver education needs
- Sample progression for group therapy.
- Program planning ideas
- Planning Supportive Activities for group programming
- Take-home messages and extra tips

Instructional Methods:

LECTURE, PPT

Contact Hours/CEUs:

This course is not offered for contact hours/CEUs.